Health/Family & Consumer Sciences (All Levels)

For licensure: 38 credits, 4 terms full-time • Non-licensure: 33 credits, 3 terms full-time • Program approved by the Mass. Dept. of Elementary & Secondary Education (ESE)

The HEALTH /FAMILY & CONSUMER SCIENCES initial licensure program prepares health educators to be proficient in the Massachusetts Professional Standards for Teachers, the National Health Education Standards, and the American Association of Health Education/National Council for Accreditation of Teacher Education standards.

Learning Outcomes — Our graduates are experts in health education content, able to conduct a needs assessment, plan and implement curriculum, assess student learning, coordinate school health, advocate for health education, and serve as a resource to the school, students and their families, and the community.

Our students graduate with confidence in their ability to teach comprehensive skills-based health education as a component of coordinated school health. They know how to identify student risk factors and help young people reduce their risky behavior and improve their personal health and academic performance.

Careers — Graduates teach (preK-12) and work as health educators in many settings: local health departments, hospitals and clinics, business and industry. In colleges, they also teach courses and conduct research.

Admission requirements:
- Bachelor’s degree and other general requirements (see Admissions).
- Program prerequisite: course in anatomy and physiology. If not completed prior to admission, it may be completed concurrently.

Required to enter program for licensure:
- Pass Massachusetts Communication & Literacy Test (MTEL).
- 3.0 GPA at entry; must be maintained throughout program.

Non-licensure option: All program components are required except the Practicum, Practicum Seminar and teacher tests. Non-licensure students must complete all pre-practicum hours embedded in the courses.

SEI Endorsement optional — Health, Family & Consumer Science students are not required by ESE to be endorsed in Sheltered English Immersion. If you are interested becoming endorsed, Cambridge College offers SEI605.

Program and course schedule subject to change.

Program chair: Mary Connolly, CAGS • mary.connolly@cambridge-college.edu

Professional Seminar & Project ................. 9 credits
EHE691N-693N Professional Seminar
(3 terms @ 2 credits) .................. every term
EHE800 Independent Learning Project
(take with Seminar III) ............... every term

Courses .................................................. 24 credits
EHE610 Principles of Health Promotion & Disease Prevention: Public Health Issues .......... Fall
EHE620 Curriculum Implementation in the Health Classroom ................................ Fall
EHE630 Growth & Development, Human Sexuality & Family Management Skills .......... Fall
EHE640 Promoting Wellness: Building Positive Health Behavior ......................... Spring
EHE650 Preventing Unintentional Injury & Violence ................. Spring
EHE680 Teaching Skills for Risk Reduction & Positive Behavior Change ............... Spring
EHE660 Family & Interpersonal Health: Promoting Mental Health Through School-Based Intervention .......... Summer
EHE790 Practicum Seminar & Project (licensure students only) ............... 5 credits
HEA790 Practicum – 300 hrs (150 hrs in an elementary school setting & 150 hrs in a secondary setting)
Guided and evaluated by a licensed/certified educator in the classroom and a Cambridge College supervisor. Practicum locations are subject to ESE regulations and must be approved by the program chair. Students are responsible for discussing options for practicum with the program chair.

HEA791 Practicum Seminar (2 credits)
Electronic exit portfolio (Taskstream) required for credit.

All courses 3 credits except as noted.